






**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS
2024 OCTOBER MENU-NOVI HOT**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center">PAYMENT DUE WITH ORDER HOT LUNCH \$3.50</p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-347-0489</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
	<p align="center">1</p> <p align="center">Italian Meatball Sub Sub Bun Italian Vegetables Coleslaw Pears</p>	<p align="center">2</p> <p align="center">Tuna Salad Plate cheese, cucumbers, tomatoes Mixed Greens Pita Bread Banana</p>	<p align="center">3</p> <p align="center">Lemon Pepper Chicken Rica Pilaf Broccoli Tossed Salad Whole Grain Bread Mixed Fruit</p>	<p align="center">4</p> <p align="center">Beef Stew Mixed Vegetables Three Bean Salad Orange Biscuit</p>
<p align="center">7</p> <p align="center">Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple</p>	<p align="center">8</p> <p align="center">Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple</p>	<p align="center">9</p> <p align="center">Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana</p>	<p align="center">10</p> <p align="center">Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick</p>	<p align="center">11</p> <p align="center">Baked Cod Macaroni & Cheese Brussel Sprouts Orange Whole Wheat Bread</p>
<p align="center">14</p> <p align="center">CLOSED</p> 	<p align="center">15</p> <p align="center">Beef & Bean Burrito w/ tortilla Corn Spanish Rice Apple</p>	<p align="center">16</p> <p align="center">Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana</p>	<p align="center">17</p> <p align="center">Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple Sauce</p>	<p align="center">18</p> <p align="center">Golden Crispy Chicken Mashed Sweet Potatoes Spinach Orange Whole Grain Bread</p>
<p align="center">21</p> <p align="center">Macaroni & Cheese Stewed Tomatoes Green Beans Apple Dinner Roll</p>	<p align="center">22</p> <p align="center">Stuffed Cabbage Mashed Potatoes Peas Whole Wheat Bread Pineapple</p>	<p align="center">23</p> <p align="center">Greek Chicken Salad w/beets, onions, olives, feta Mixed Greens Pita Bread Banana</p>	<p align="center">24</p> <p align="center">Spaghetti w/ Meat Sauce Italian Vegetables Tossed Salad Breadstick Pears</p>	<p align="center">25</p> <p align="center">Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Orange</p>
<p align="center">28</p> <p align="center">Chicken Tenders (2) Coleslaw Apple Green Beans Wedge Potatoes</p>	<p align="center">29</p> <p align="center">Vegetable Lasagna Italian Vegetables Tossed Salad Pears Breadstick</p>	<p align="center">30</p> <p align="center">Maurice Salad w/ham, turkey, cheese, pickles Mixed Greens Pita Bread Banana</p>	<p align="center">31</p>  <p align="center">Halloweenie Hot Dog Bun Boo Baked Beans Creepy Cole Slaw Orange Pumpkin Sugar Cookie</p>	